

Annual Report

2021|2022





TABLE OF CONTENTS

Retirement Message from our Executive Director	3
About Us	4
Our Mission	4
Our Vision	4
Board of Directors	5
Message from our Board of Directors	6
Our Team	7
Our Volunteers	9
Meet Elizabeth Abols	11
Our Programs	12
Caregiver Relief Program	12
Peer Support Program	12
ABI Support Group	13
Headspin: Youth & Young Adult Support Group	13
Interviewing Paolo Mazzonetto, HeadSpin Facilitator	14
Grants and Funded Projects	15
Halton Region Community Investment Fund	15
Government of Canada: New Horizons for Seniors Program	16
Ontario Trillium Foundation: Resilient Communities Fund	18
Ontario Trillium Foundation: Resilient Communities Fund	19
Our Events	20
25th Annual Holiday Party	21
12 Minutes of Christmas	22
Bowl-a-thon	23
3rd Health Advocates Education Conference	24
Invisible Disabilities Campaign	27
Your Impact	29
2021-2022 Financial Statement	32



RETIREMENT MESSAGE FROM OUR EXECUTIVE DIRECTOR

After 14 years working with BIAPH as the Executive Director I will be stepping down and retiring at the end of June, 2022. I am very proud of my time at BIAPH and what we have accomplished. From being a very small Mississauga centric association in June 2008, we now draw clients from all of Peel & Halton. During the past two years switching to virtual programming our catchment area has expanded to welcome members from across the province.



Jorun Rucels

The succession planning for BIAPH has taken place over the past several months. As a charity we are governed by a volunteer board of directors who donate their time and skills to direct the association. The challenge for BIAPH has always been to enhance current programs, develop new initiatives to meet the needs of our members and at the same time ensure that there is sustainable funding in place to support these initiatives.

To accomplish this, the Board decided to create two staff positions:

Director of Operations, Nichola Nonis. Nichola assumes this position as a full-time employee of BIAPH with the main responsibilities of the daily operations of BIAPH and securing, funding and developing new evidence based programming.

Director of Program Support, Kirsten Hadleycrane. Kirsten has many years of experience working and supporting clients with ABI. Her focus will be to enhance and expand the Support Groups, the Caregiver Relief Program and assist BIAPH's Peer Mentoring Coordinator, Sue as needed.

Thank you all, for your support and generosity over the past few years.

Most sincerely,



ABOUT US

The Brain Injury Association of Peel and Halton (BIAPH) is a non-profit organization, which serves the needs of families and survivors of brain injury in the Peel and Halton Regions of Ontario.

At BIAPH, we advocate for the needs of Acquired Brain Injury (ABI) Survivors and their families and support networks, by providing up to date resources, information and support programs. We facilitate measures to promote the prevention of brain injury, improve quality and care of life, provide community education, and conduct resource searches on behalf of our members.



OUR MISSION

Our mission, is to enhance the quality of life for persons in the region(s) of Peel and Halton who are living with the effects of an acquired brain injury through:

Education, Awareness and Support

OUR VISION

We strive for BIAPH to be recognized as a gateway to:

Resources, Prevention, Leadership, Support, & Inclusive Programs



BOARD OF DIRECTORS



Roger Foisy
President



Jon Corry
Vice-President



Meagan Buttle
Secretary



Stephen Leitch
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Ed Roszczka
Director



Fred Standen
Director



James Bishara
Director



Dr. Hardeep Singh
Director



Kirsten Hadleycrane
Director of Program Support



Nichola Nonis
Director of Operations

Welcoming our New Director, Dr. Hardeep Singh!

Dr. Hardeep Singh is a registered occupational therapist and the March of Dimes Paul J. J. Martin Early Career Professor in the Department of Occupational Science and Occupational Therapy, University of Toronto. She holds a PhD in Rehabilitation Sciences from the University of Toronto and has completed a postdoctoral fellowship at Sinai Health System and Trillium Health Partners.

Dr. Singh's research aims to support the design and delivery of equity-informed rehabilitation and community reintegration services, including tele/virtual care interventions designed to support the health and wellbeing of individuals living in the community with stroke. Dr. Singh uses research methodologies such as participatory action research (e.g. photo-voice), scoping and rapid reviews and co-design methods to generate meaningful research knowledge.



MESSAGE FROM OUR BOARD OF DIRECTORS

Dear BIAPH community,

To start, we would like to take a moment to appreciate Jorun Rucels, and her years of dedicated service to BIAPH. In June, we celebrated the retirement of BIAPH's Executive Director, Jorun Rucels. For the past 14 years, Jorun has driven the development and growth of BIAPH's support programs and services for acquired brain injury (ABI) survivors, caregivers and families. From a small Mississauga centric association, Jorun has been on the forefront of growing BIAPH to an association that now services all of Peel & Halton. Thank you Jorun, for growing our association and serving our community!

To fill these shoes, we have introduced Nichola Nonis as our Director of Operations, and Kirsten Hadleycrane as our Director of Program Support. Together, Nichola and Kirsten will oversee the operations of our association, its support programs, and projects. To learn more about our Directors, please visit our website at www.biaph.com.

As we move forward, we are proud to present this report as a testament to our significant growth as an organization and ABI community this past year. Our growth as an association and ability to adapt, can always be traced back to our supportive community. Thank You, to our BIAPH team, volunteers, sponsors, donors, and our community, for consistently showing up and supporting our programs, fundraising events, and new initiatives. Our association and its programs would not be possible without your support.

In 2021, a three year strategic plan to redevelop and modernize the association to better serve our members was created. More specifically, this plan was developed to accomplish particular goals pertaining to program expansion and service delivery, within the framework of evidence-based design. To spearhead this pivot, Dr. Hardeep Singh was welcomed and onboarded to guide and inform our association through this change. Concurrently, our association successfully secured funding to execute evidence based projects, which will ultimately contribute to the enhancement of existing programs and services, and through knowledge translation, advocate and raise awareness for the ABI community.

To learn more about how our Strategic Plan has transformed into action this past year, we invite you to take a read through our 2021-2022 Annual Report. This report highlights the many efforts of our organization in upholding our Mission, Vision, and Strategic Priorities.

Sincerely,

Board of Directors

Brain Injury Association of Peel and Halton



OUR TEAM



Paolo Mazzonetto
HeadSpin Facilitator



Beckie Yorksie
HeadSpin Facilitator



Sara Scott
HeadSpin Facilitator



Julie Tran
HeadSpin Facilitator



Mitch Lubbe
Support Group
Program Coordinator



Sarah Hurtubise
HeadSpin Facilitator



Sue Brushey
Peer Support
Coordinator



Sarah Vu Nguyen
Research Assistant

Welcoming our New Team Members!

On behalf of BIAPH, we would like to warmly welcome our New Team Members Mitch Lubbe, Sarah Hurtubise and Sarah Vu Nguyen!

We welcome these three individuals as they take on unique positions across the organization. Each position plays a great role in the daily operations and management of BIAPH's support programs and projects. With the expansion of our Team, we aim to better serve our ABI community through increased programs and services, and timely support.



Laura Giandomenico
HeadSpin Facilitator

On behalf of BIAPH, we wish Laura the very best as she moves on from our organization. Laura Giandomenico has been instrumental to the growth of BIAPH, and the creation, development and operation of our HeadSpin: Youth & Young Adult Support Group. Laura's expertise and skills helped inform the design of our youth group, and ultimately led to its successful continuation today.

Thank You Laura, for your dedicated years and endless support of BIAPH. We couldn't have done it without you!



Marina Apostolopoulos
Grant Writer

Marina joined BIAPH for a short term, however, moved on from the organization after leaving a big impact. In her few months with the organization, Marina secured numerous grants that helped us sustain our HeadSpin support program, as well as kickstart BIAPH's direction toward evidence-based projects. Marina played a key role in securing funding through Halton Region, The Government of Canada, and the Ontario Trillium Foundation.

Thank You Marina, for taking a personal interest in the growth of BIAPH, and our ABI community. We wish you all the best in your new position!



OUR VOLUNTEERS

Thank You BIAPH Volunteers, for your time, expertise, and support of building a stronger Acquired Brain Injury (ABI) community! Your generosity drives our organization, and helps us to continuously enhance our programs and services for brain injury survivors and their families.

“I can say with absolute confidence that my role as “Headspin Member Liaison and Facilitator” was my favourite as it was truly exceptional. The Liaison portion of the role was instrumental in bridging new members into the established group. The role aimed to reduce the anxiety felt by new members when joining a virtual group meeting. Through this support, the transition from intake to the group event was seamless. Moreover, the insights I gained from facilitating Headspin meetings were invaluable as they allowed me to achieve a deeper understanding and appreciation of the difficulties that ABI survivors must overcome daily.”



Samy Kannout
HeadSpin Member Liaison

Samy’s educational background is in Kinesiology, graduating from York University in 2021. Moving forward, he hopes to continue his education by attending medical school to become a physician. Samy joined BIAPH to impact peoples’ lives in a meaningful way.

“I thoroughly enjoy volunteering at BIAPH. It has helped me network, explore my interests, and gain new skills. The best thing about volunteering at BIAPH is that it offers room for growth and development. I look forward to continuing volunteering here long-term.”

Aamna is an aspiring biomedical engineer. She is passionate about nutrition and wellness and enjoys helping out in her community wherever possible. Aamna was inspired to join BIAPH after learning about the knowledge translation initiative, which focuses on spreading awareness of acquired brain injury.



Aamna Naveed
Mind Matters
Research Assistant



“My volunteer experience with BIAPH has been very positive. Being involved with BIAPH and helping others has been very fulfilling for me. The staff is very supportive and passionate about what they do, and I have always felt like my contributions are making a difference. I would recommend BIAPH to anyone looking for a meaningful way to give back to the community. I am looking forward to continuing to volunteer with BIAPH in the future!”



Sarah Kalyar
Social Media Strategist

Sarah is a final year Psychology student at University of Toronto, and holds a Health Studies Certificate from Toronto Metropolitan University in the Psychology stream. Her main role at BIAPH as a social media strategist is to identify social media trends, trending topics and relevant opportunities for visibility. She manages BIAPH social media channels with a goal of increasing engagement and building an online community. Sarah’s interests include calligraphy, listening to podcasts, and exploring the world of Naturopathy by attending short courses online.

“I have had a great experience volunteering for BIAPH. It has been very fulfilling to help out a non-profit organization that does so much good for the community. I have gained a lot from volunteering for BIAPH. I have learned new skills, met new people, and gotten to see firsthand the impact that BIAPH has on the lives of others. I would definitely recommend BIAPH as a place to volunteer. It is a great way to get involved in the community and make a difference in the lives of others.”



Hafsa Ahmad
Social Media Strategist

Hafsa is a second-year student at OCAD University entering the Digital Futures program. For her first year of university, she attended York and studied Digital Media. Hafsa aims to work in the animation or gaming industry in the future.



MEET ELIZABETH ABOLS

My name is Elizabeth Abols. I was originally born in China but was adopted at 18 months old. I speak English and French. My hobbies include reading, singing and spending time with my cats. I suddenly got very sick and ended up on life support at the beginning of December 2021. My body was attacking itself and the cause was unknown. I was diagnosed with encephalitis, viral meningitis and transverse myelitis. In summary, my brain and spine were swollen and had lesions on them and my nervous system was damaged. This caused a non-traumatic brain injury which affected me and continues to do so to this day. I was later diagnosed with functional neurological disorder as well. I had to start from scratch, I had to relearn how to eat, walk and talk. I still have mobility, cognitive and memory issues. I suffer from spasms that cause me to suddenly drop to the floor and convulse.

I faced a lot of challenges both physical and mental. Physical things that people take for granted like going to the bathroom, sitting up and having people understand what you are saying. Mental things like depression; I was supposed to start a full time job on December 6th and I ended up on life support on December 1st, my license was revoked due to the spasms when I just got my G, I use a walker and have gained a lot of weight. I went from completely paralyzed to being able to walk. I think the reason why I had a strong mentality was due to the fact that I was determined to return home to my cats and to fight this illness because my family was cheering me on. This illness made me realize who really cared for me and who didn't.

I think having a positive and determined mindset really helped. Having both short term and long term goals that you can control can help you feel accomplished. When I was really sick my goal that I could control would be wanting to be able to turn on my right side. My other goal was getting my ng tube out but I couldn't really control that. I think that the pandemic really affected me, during my 3 month hospital stay, I was only allowed one person to visit at a time so I could never see my sister and mother at the same time; this included Christmas. When I got out of the hospital it was challenging to see friends due the virus but I was able to do a video call with all my friends for my birthday. I think socially I feel very lonely especially because my sister and mom are working and my friends are busy with school. Not only that, but I am unable to go as many places due to the risk of getting covid-19 and being immune compromised.

I think that Headspin has impacted me positively because it allows me to meet people who have gone through similar experiences and has helped me improve both my social and speech skills. I think that social connections are important to me because I am an extrovert and I feel energetic and happy when I interact with others. It helps make me forget about the pain and issues that I deal with on a daily basis. BIAPH meetings have made me laugh even when I'm not feeling 100% happy or I'm in pain. The activities range from art and crafts (which I'm not very good at but enjoy) to trivia. My favourite meetings are the in person ones! I hope that in the future BIAPH has a program that meets in person more often.



OUR PROGRAMS

CAREGIVER RELIEF PROGRAM

The Caregiver Relief Program is set up to provide relief to families and primary caregivers of survivors of acquired brain injury. The services include Attendant Care (e.g., personal care, household tasks, support within the home, etc.) and Community Social Support (e.g., assistance accessing community programs and resources, etc.). Through this program, BIAPH strives to provide our members with a safe environment to share their stories, access information from professionals, and to provide an opportunity to participate in recreational and social activities.

For more information on our Caregiver Relief Program, please visit our website at www.biaph.com.

“The respite caregiver, knows his abilities and weaknesses. He is prone to be very, very quiet and she draws him out and makes him speak. She is a gentle and kind person who brings him some socializing that he otherwise would not have. The program has exceeded our expectations. The respite caregiver is a gem and we have come to love her!” - Caregiver Relief Program Recipient

PEER SUPPORT PROGRAM

Our Peer Support Program is available for those who are living with an acquired brain injury (ABI), and allows them to connect to an individual who has lived through a similar life experience involving an ABI. The mentor’s role is to provide guidance, knowledge, and support, based on their own life experience involving an ABI. While this program is coordinated through local affiliated brain injury associations across Ontario, the BIAPH branch is coordinated by Sue Brushey, an experienced RSW/PSW who has supported BIAPH and the ABI community for numerous years.

For more information on our Peer Support Program, please contact our Peer Support Coordinator Sue Brushey, at peersupport@biaph.com.



ABI SUPPORT GROUP

Our ABI support group meetings provide acquired brain injury (ABI) survivors and caregivers with the opportunity to share, listen and express their daily experiences. Our group offers members a safe space to meet and discuss common issues, learn more about living with an acquired brain injury, and provides opportunities for positive engagement with other members and families. In addition to providing a safe space for connection, we also invite guest speakers across various professions and disciplines relating to acquired brain injury, into our support group. These speakers can range from health care professionals to tax specialists, who deliver presentations and bring awareness to the various resources that are available for those who need it.

Our weekly meetings for ABI Survivors and Caregivers provide opportunities for sharing, and information exchange. While weekly meetings invite both survivors and caregivers, BIAPH also holds monthly meetings that are exclusively for caregivers.

“I have really enjoyed people sharing their stories and hearing the speakers present. There have been some very informative speakers. Just listening to others helps me not feel alone and connected to others, you feel like somebody else understands what you're going through...” - ABI Support Group Member

HEADSPIN: YOUTH & YOUNG ADULT SUPPORT GROUP

The HeadSpin group was designed for high functioning youth and young adults with an acquired brain injury (ABI) or individuals experiencing similar challenges. This group focuses on building community and friendship through community-based leisure activities and regular meetings.

Although many Headspin members reside in the Peel and Halton regions, Headspin has also reached members who reside in cities such as Etobicoke, Thorold, Ridgeway, Elora, North York, Richmond Hill, and Niagara Falls.

To register, or for more information on our support groups, please visit our website at www.biaph.com.



Interviewing Paolo Mazzonetto, HeadSpin Facilitator



How does the Headspin group impact our members?

I see members smiling on camera, I hear individuals talking about getting together outside group sessions (and sometimes receive a text/picture showing members hanging out). I know our members have used this group as a support system when life has been a bit too much (health issues, death in the family, loss of pets, moving, etc.).

Why is it important to fund a program like HeadSpin?

Looking at the larger literature body we know how important social connection is, especially for this age group and for isolated populations in general. Headspin is a fun place to laugh and connect and not take life TOO seriously. A group like Headspin also normalizes our challenges and our uniquenesses. We can be (and have been) each other's cheerleaders and friends.

Tell us about your experience as a HeadSpin Facilitator.

The first thought that comes to mind is "heartwarming experience". It is an absolute pleasure to help run Headspin, not just because I think the work is so valuable and wonderful, but we are ABSOLUTELY spoiled with this group. I have run many groups in the past for different populations and there is always conflict, and cliques form - Headspin is very different from any other group, and something to really value and cherish. The revolving door policy (open group), and ability to adapt to the changing environment, without disruption to this social time, is something I am proud of for Headspin.

Tell us a bit about our HeadSpin Facilitators.

Our facilitators have a wide variety of education, skills, work experience, and personality traits that blend well to connect with different members. We strive to make each member feel connected to the group and put a lot of effort into making new connections. When members join for the first time, it can feel strange or awkward - I think the facilitators have done a tremendous job in welcoming new members, evidenced by very low rates of individuals joining for only 1 session and never returning.



GRANTS AND FUNDED PROJECTS

The Brain Injury Association of Peel and Halton would like to recognize and acknowledge Halton Region for funding BIAPH's HeadSpin: Youth and Young Adult Support Group. Our HeadSpin program was funded through the

HALTON REGION COMMUNITY INVESTMENT FUND

2022 — Category Two



Thank you to the Halton Region Community Investment Fund for the funding provided. This support will help us to sustain our HeadSpin program, and provide quality services for our youth and young adult members.



The Brain Injury Association of Peel and Halton is pleased to announce that we have received funding under the Government of Canada's

NEW HORIZONS FOR SENIORS PROGRAM

This federal grants and contributions program supports our project Invisible Disabilities — Seniors Living with an Acquired Brain Injury.

The funds will be used to conduct a photo-elicitation study, which aims to capture the lived experiences of seniors living with an ABI. Participants will be asked to take photographs to express their experiences living with a brain-injury and how they navigate through the various obstacles in their day to day life. By collecting and collating these lived experiences and insights, community partners have insights into the lived experience of brain injury in seniors and can identify opportunities for stigma reduction and person-centred service design.

Thank you to the Government of Canada's New Horizons for Seniors Program for the funding support provided to the Brain Injury Association of Peel and Halton. It will make a significant difference in the lives of seniors in our community.

For more information, visit [New Horizons for Seniors Program – Community-based projects](#).

Funded by the
Government of Canada's
New Horizons for Seniors Program

Canada 



Are you 65 years of age or older and living with an acquired brain injury (ABI)?

OR

An adult (≥ 18 years of age) family member/caregiver for someone aged 65 years of age or older living with an ABI?

If so, you may be eligible to participate in our study

PARTICIPANTS NEEDED



We are researchers at the University of Toronto and Brain Injury Association of Peel & Halton (BIAPH) conducting a study called ‘Exploring the experiences and needs of seniors living with an acquired brain injury.’ We are recruiting adults over the age of 65 living with an acquired brain injury, and/or their caregivers, to take pictures of and discuss their day-to-day experiences as someone living with an acquired brain injury. This study consists of a 60-minute introductory meeting and a 60-minute interview over the phone or Zoom.

You will receive a \$25 gift card after the interview.
If you are interested in finding out more, please contact us:

Hardeep Singh, Principal Investigator, Assistant Professor, University of Toronto
Nichola Nonis, Co-Investigator, Brain Injury Association of Peel & Halton
research@biaph.com, 905-823-2221

Email Disclaimer: Please note that the security of email messages is not guaranteed. Messages may be forged, forwarded, kept indefinitely, or seen by others using the internet. Do not use email to discuss information you think is sensitive. Do not use email in an emergency since email may be delayed.

Funded by the
Government of Canada's
New Horizons for Seniors Program





The Brain Injury Association of Peel and Halton is pleased to announce that we have received funding from the Government of Ontario and Ontario Trillium Foundation's

RESILIENT COMMUNITIES FUND

This funding supports our project Virtual Communication Skill-Building Webinars.

Disability Inclusion means more than just participation. For brain-injury survivors to equitably benefit from online spaces, clear training and guidelines on relearning technology and navigating virtual platforms must be provided. BIAPH is developing an evidence-based webinar series that provides survivors with information on how to navigate virtual platforms, while safely developing and maintaining virtual relationships.

Thank you to the Government of Ontario and Ontario Trillium Foundation for the funding support provided to the Brain Injury Association of Peel and Halton.



An agency of the Government of Ontario
Un organisme du gouvernement de l'Ontario



The Brain Injury Association of Peel and Halton is pleased to announce that we have received funding from the Government of Ontario and Ontario Trillium Foundation's

RESILIENT COMMUNITIES FUND

This funding enables our organization to hire qualified individuals to grow the Fundraising, Research, and Program Development streams within BIAPH.

Thank you to the Government of Ontario and Ontario Trillium Foundation for the funding support provided to the Brain Injury Association of Peel and Halton.



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OUR EVENTS





25TH ANNUAL HOLIDAY PARTY

Thank you to all those who showed up to our first in-person event on November 25th, 2021, since the start of the pandemic. We cannot thank everyone enough for your continued support from attending our event to providing sponsorship! All proceeds from this event are directed towards BIAPH's Support Programs, which provide assistance to our brain injured survivors, their caregivers and families.

Our next Holiday Party will take place on **December 1st** at 5:00pm! To Sponsor this event, please email us at info@biaph.com.





12 MINUTES OF CHRISTMAS

Thank you to all those who participated in BIAPH's second annual 12 Minutes of Christmas Virtual Holiday Event on December 15th, 2021! Each ticket holder was entered into a raffle for a chance to win a \$1000 prize, donated by our sponsors. The generous contributions of our sponsors and registrants have greatly supported BIAPH's Support Groups, Caregiver Relief Program, and Peer Support Program.



Our next 12 Minutes of Christmas event will take place on **December 14th** at 6:00pm! To Sponsor this event, please email us at info@biaph.com.

12 Draws in 12 Minutes and 12 Chances!



BOWL-A-THON

After a two year hiatus, BIAPH brought back our 16th Annual Bowl-a-thon to Classic Bowl, Mississauga on Thursday, April 7, 2022. With over 360 donors supporting our cause, this year’s Bowl-a-thon was the most successful to date! Your contributions help us fund our Support Programs for Acquired Brain Injury survivors and caregivers.

This event would not have been possible without the continued support and generosity of our Sponsors, Donors, Fundraisers, and our host of many years — Classic Bowl Mississauga! A Big Thank You to everyone who participated and supported our fundraiser!

Thank you to our Bowl-a-thon Sponsors!

For more information on future BIAPH events, please visit our website at www.biaph.com.



3RD HEALTH ADVOCATES EDUCATION CONFERENCE

'What You're Missing: Practical Tips and Strategies from Industry Professionals'

BIAPH's third biannual education conference was held on June 29th, 2022. On behalf of BIAPH and our community, we would like to thank our Sponsors, Speakers, Exhibitors, and all those who attended and supported this years Health Advocates Education Conference!

Health advocates—whether occupational therapists, social workers, case managers, physicians, nurses, speech language pathologists, rehabilitation service providers, or physiotherapists—serve various functions in the rehabilitation field. While these advocates frequently work together to provide the utmost consistent care and rehabilitation, they also maintain regular contact with legal professionals and insurers alike. As providing the most effective care may often require a multi-faceted team and approach, this event helps to fill the gaps with education that will benefit every professional.





As the health care industry and insurance regime continues to innovate and change, we understand the value of expanding our awareness and skill set to ensure that our client’s needs continue to be met. By working together, health advocates, adjusters, and legal professionals can effectively augment client rehabilitation while at the same time using each other’s knowledge to explore new ideas that enhance understanding and facilitate access to resources and funding.

During this unique learning experience, various professionals provided practical tips and strategies on how to effectively advocate for clients and rationalize their rehabilitation needs to ensure funding for treatment is provided. Only the most important information was shared in our rapid 10-15-minute presentation format that kept our audience engaged and eager to learn.

In addition to the learning experience, this conference also offers an opportunity to promote your organization and connect with a variety of health care and rehabilitation professionals and advocates.

BIAPH
Brain Injury Association of Peel and Halton

Thank You to Our Exhibitors

2022 Health Advocates Education Conference

#2022BIAPHCONFERENCE

elements support services | PRO ACCESSIBILITY | functionability rehabilitation services | ADV | DriveLab | SOLUS | AGTA | GLUCKSTEIN LAWYERS | connect | SPEECHWORKS | LAWLOR Therapy Support Services | FORS | WILL DAVIDSON | ROGER R. FOISY | INVISIBLECARE | REHABILITATION MANAGEMENT INC. | BUTTLE | Bartimaeus Rehabilitation Services Inc. | BARR REHAB | iScope | kra | REHAB FIRST | Mind Connections | InDepth Vision

Facebook | Instagram | Twitter | Snapchat



Keynote Speaker

TBI & Sexual Assault Survivor Kimberley Black: How to Take Your Power Back after Winning the Bad Luck Lottery

Kimberley Black is a public speaker and an advocate of her #bpositive message initiated to help others build resilience and to promote an end to gender-based violence. Kimberley is also an educator and the founder of Video Resume Academy - a service offering courses and workshops to develop video communication skills and video resumes.

Kimberley completed a Master of Arts degree in Education through Ontario Tech University. Her thesis, entitled Using Asynchronous Video Interviews to Enhance Self-Awareness of Video Communication Skills in a Community College Setting, was nominated for the Outstanding Master's Thesis Award in 2021.

Kimberley has also been on the roster of a Toronto talent agency for over two decades, gaining experience with on-camera auditioning and commercial acting. This

motivated her to initiate a video introduction service while serving as a social media ambassador with Durham College where she taught Psychology & Business Communications.



A Few Conference Highlights...

Health Care Providers Testifying before the Licence Appeal Tribunal (LAT).

The relationship of client restrictions to permanent impairment: How impairment description qualifies as a rateable whole person impairment (WPI) under the American Medical Association (AMA) Guides.

A Myriad of Matters that may affect you and your clients

- Demonstrative & Collateral Evidence: Are your clinical notes and records enough?
- Shopping Addiction: You can Never get Enough of What you Don't Really Need.
- The interplay between traumatic brain injury and sexual assault survivors.
- Useful pre-screen information to help determine the need for a Neuro-Vision Rehabilitation referral.
- What you need to know about Head Injury and Employability Assessments to assist your Clients.



INVISIBLE DISABILITIES CAMPAIGN

Invisible Disability, is an umbrella term which refers to a range of physical, mental or neurological conditions that are not visibly apparent. Acquired Brain Injury (ABI), is a common example of an Invisible Disability. Millions of brain injury survivors face challenges that are not visibly apparent, leading to greater judgment and criticism by those who are uninformed of the impacts of invisible disabilities. Living under this stigma is harmful as it creates additional barriers across life and relationships, and impacts survivors' self-image and confidence.

Traditionally, disabilities have always been represented with a wheelchair symbol. However, this symbol is only representative of visible disabilities. Invisible Disabilities continues to lack a clear and accurate representation that is universally known, understood and accepted. This lack of representation is a significant factor in the prevalence of the stigma that surrounds Invisible Disabilities.

BIAPH took a step toward eliminating the stigma that surrounds Invisible Disabilities, by encouraging the community to join us in designing a New Symbol which accurately represents Invisible Disabilities.

The Invisible Disabilities Campaign aims to Educate, Raise Awareness and Enhance Support for all people living with Invisible Disabilities.



Invisible Disability Symbol: Top Finalists

Thank you to everyone who submitted their designs!



Congratulations to our Winning Designer: Athulya Ben!



Thank You to our Sponsors Inter-Action Rehabilitation and Ridout Maybee





YOUR IMPACT

As a not for profit organization, a large portion of our programs are sustained by your support and generous contributions. Take a look below to see how your generosity has positively impacted survivors of brain injury, their caregivers, and families.

119

ABI Support Group Members

41

Caregiver Support Group Members

41

HeadSpin Support Group Members

30

ABI Support Group Meetings

6

Families Supported Through the Caregiver Relief Program

46

HeadSpin Meetings

80

New BIAPH Members

204

BIAPH Members participating in our diverse range of Support Programs

32

Individuals Participated in the Peer Support Program

157

ABI Survivors Supported

47

Caregivers Supported

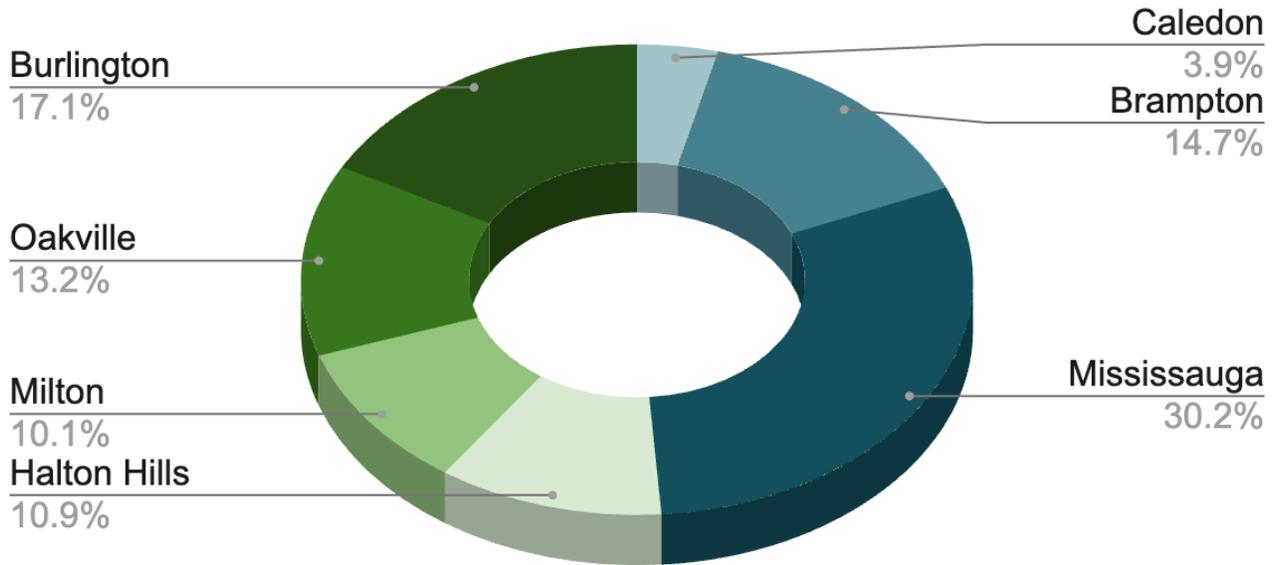
208

Registered Health Advocated Education Conference Delegates

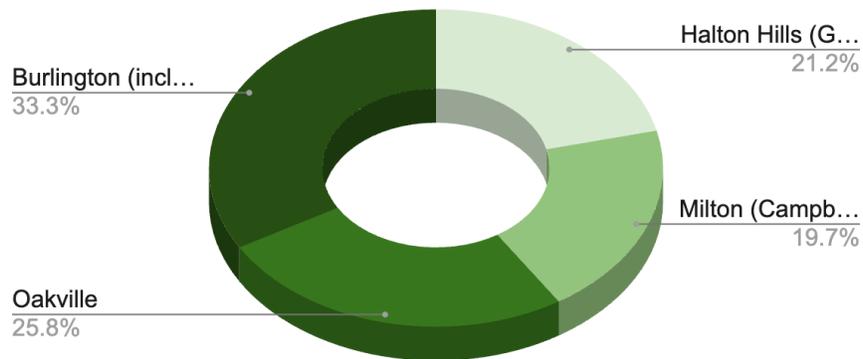
To attend our programs or events, please contact us at www.biaph.com.



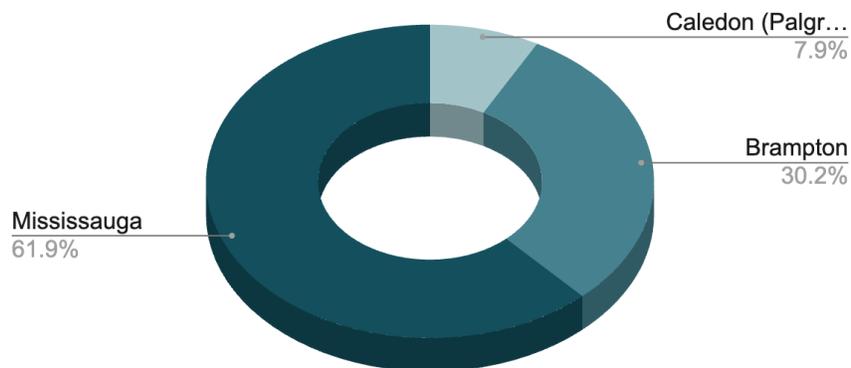
Members from the Peel and Halton Regions



Members from Halton Region



Members from Peel Region





THANK YOU!

To our funders, sponsors, donors, volunteers, and BIAPH community, we Thank You wholeheartedly for your continued support this past year. As documented in this report, BIAPH is growing! This growth would not be possible without your consistent and overwhelming support. You enable us to continue our work to ensure our programs and services remain uninterrupted for those who need them.

As we move forward, we encourage everyone to stay connected for future news and updates regarding our upcoming events.

Visit our website at www.biaph.com for information on how you can support our ABI community!



2021-2022 Financial Statement

2021-2022 FINANCIAL STATEMENT

BRAIN INJURY ASSOCIATION OF PEEL & HALTON

Statement of Operations

Year Ended March 31, 2022

	2022	2021
REVENUES		
Fundraising	\$ 51,570	\$ 27,675
Headspin - youth support	32,686	78,567
Ontario Brain Injury Association shared activities	11,869	8,463
Donations and gifts	8,657	4,168
Health advocates conference revenue	-	124,100
	104,782	242,973
EXPENSES		
Program Expenditures (<i>Schedule 1</i>)	138,784	171,695
Administrative Expenses (<i>Schedule 2</i>)	85,925	35,526
	224,709	207,221
EXCESS (DEFICIENCY) OF REVENUES OVER EXPENSES	\$ (119,927)	\$ 35,752
ASSETS		
CURRENT		
Cash	\$ 95,025	\$ 230,715
Accounts receivable (<i>Note 3</i>)	3,781	2,306
Harmonized sales tax recoverable	9,981	10,043
Prepaid expenses	15,960	7,585
	\$ 124,747	\$ 250,649
LIABILITIES AND NET ASSETS		
CURRENT		
Accounts payable	\$ 15,254	\$ 18,324
Deferred income (<i>Note 4</i>)	25,129	28,034
	40,383	46,358
NET ASSETS	84,364	204,291
	\$ 124,747	\$ 250,649

The financial statement provided is a summary from BIAPH's 2021-2022 Audited Financial Statement. A complete Auditor's Report by GBA LLP is available upon request.