

The Toronto ABI Network is focused on supporting efficient transitions from hospital to community and improving knowledge of and access to publicly funded ABI community services.

Due to COVID-19 many agencies have had to change how they offer their services. Services that are currently operational have been collated in this report and are reported for each member organization for the following:

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| <p><b>a. Outpatient ABI Rehabilitation</b></p> <ul style="list-style-type: none"> <li>• <a href="#">Toronto Rehab-University Health Network</a></li> <li>• <a href="#">Bridgepoint Active Healthcare – Sinai Health System</a></li> </ul>  | <p>Page 2-3</p>   |
| <p><b>b. Community Services and Programs</b><br/>           (e.g., case management, adult day program, housing)</p> <ul style="list-style-type: none"> <li>• <a href="#">Cota</a></li> <li>• <a href="#">Community Head Injury Resources Services (CHIRS)</a></li> <li>• <a href="#">PACE Independent Living</a></li> <li>• <a href="#">West Park Healthcare Centre</a></li> <li>• <a href="#">March of Dimes Canada (MODC)</a></li> <li>• <a href="#">York Simcoe Brain Injury Services (YSBIS) (Mackenzie Health/MODC)</a></li> </ul>  | <p>Page 3-11</p>  |
| <p><b>c. Clinics</b></p> <ul style="list-style-type: none"> <li>• <a href="#">Toronto Rehab – University Health Network - Physiatry Clinic</a></li> <li>• <a href="#">Toronto Rehab – University Health Network - Neuropsychiatry Clinic</a></li> <li>• <a href="#">Sunnybrook Health Sciences Centre</a></li> <li>• <b>Note: St. Michael’s Hospital – Unity Health Toronto - Psychiatry Clinic has advised that due to modifications to this clinic’s practice they will no longer accept ABI specific medical psychiatry-based referrals for neuropsychiatry. This clinic has been removed from the referral form. Starting: January 4, 2022.</b></li> </ul> | <p>Page 11-12</p> |
| <p><b>d. Brain Injury Associations</b></p> <ul style="list-style-type: none"> <li>• <a href="#">Brain Injury Society of Toronto (BIST)</a></li> <li>• <a href="#">Brain Association of Peel and Halton (BIAPH)</a></li> </ul>  | <p>Page 12</p>    |

Organization/ Program	Any Operational Changes? (Yes/No)	What Services Are Being Offered?	In-person and/or Virtual?	Any Changes to Wait times?
<b>a. Outpatient ABI Rehabilitation</b>				
<b>Toronto Rehab – University Health Network</b>				
<p>Toronto Rehab – University Health Network</p>	<p>Yes: admitting individuals discharged from Toronto Rehab Inpatient ABI service and appropriate external referrals.</p> <p><i>Note: As of Jan. 19/22 the Outpatient ABI Rehab Service at Toronto Rehab will be closed to external referrals. This will be temporary, until further notice.</i></p> <p><i>We will continue to receive external referral requests from the Toronto ABI Network, but will not be able to respond to these referrals, or offer outpatient rehab admissions, until we resume regular service.</i></p>	<p>Virtual appointments are being offered for all disciplines (physiotherapy, occupational therapy, social work and speech language pathology). Limited in-person appointments may be offered.</p>	<p>Outpatient services are delivered virtually, with limited in-person appointments available on an as-needed basis.</p>	<p>Approximately 6 months</p>

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<b><i>Bridgepoint Active Healthcare – Sinai Health System</i></b>				
Neurological outpatient rehabilitation program	Yes, accepting referrals for outpatient program  (Internal and external to Bridgepoint)	Provide PT, OT, SLP, and SW services as appropriate	Offering both virtual and in-person sessions	2-4 months (wait times could be extended – some fluctuation does occur)
<b>b. Community Services and Programs</b>				
<b><i>Cota</i></b>				
Adult Day Service (ADS)	Yes - groups are now being offered virtually. In person ADS program is closed.	Virtual groups are being offered, in addition to wellness one-on-one telephone calls. TIME exercise program is temporarily stopped.	Virtual meetings through Zoom Healthcare groups or individual meetings and telephone support.	Accepting new referrals.  <u>Note:</u> Only accept referral if the client has access to virtual meeting technology (devices and internet connection)
Cota Case Management	- Minimal changes to all our Case Management Programs.	Linkages to other services (such as ODSP, GP, etc.)	Combination of both virtual and in-person support.	No changes- 4 months
- North York	- Cota Case Managers are accepting referrals.  - Social distancing in place.	Safety and wellness check.		No changes- 8 months
- Etobicoke West Toronto (to Dufferin)		Supportive counselling.		No changes- 2-4 months
- Scarborough				No changes- 10-12 months
- Downtown Toronto				

Organization/ Program	Any Operational Changes? (Yes/No)	What Services Are Being Offered?	In-person and/or Virtual?	Any Changes to Wait times?
- Central Region	- Staff are doing self- screening and screening clients. Staff are equipped with PPE.  - In-person visits is available on case-by- case basis.			No changes- 4 months
Cota Behaviour Therapy Supports	Same as above	Same as above	Combination of Virtual as well as in-person support.	No changes- 2-4 weeks
Cota Scarborough ABI Outreach Program	Minimal changes to ABI Outreach Team Program.  We are accepting referrals.  Social distancing in place.  Staff are doing self- screening and screening clients. Staff are equipped with PPE	Assessment, consultation and intervention.	Services are provided through telephone and in- person visits.  In person support is done case-by-case following Cota's guidelines – based on urgency and severity of the needs.	No changes- 2-4 weeks
<b>Community Head Injury Resources Services (CHIRS)</b>				
CHIRS- Community Support Services	In person supports are being provided where appropriate, some are	Home and community outreach services are being provided in-person and virtual support where appropriate to	Essential community outreach services continue in person and remotely as needed.	4 years

Organization/ Program	Any Operational Changes? (Yes/No)	What Services Are Being Offered?	In-person and/or Virtual?	Any Changes to Wait times?
	<p>modified based an evaluation of risk.</p> <p>New admissions are being accepted based on capacity to meet clients' needs.</p> <p>New referrals will continue to be accepted. Offering virtual intake screening.</p>	<p>community clients with active screening of both clients and staff for symptoms of COVID-19 and implementation of infection prevention protocols recommended by Toronto Public Health.</p> <p>At this time, only virtual group programming is available to both existing and new clients pending review by the CHIRS Intake Committee.</p> <p>CHIRS Family support group offered virtually once a week through Zoom.</p>		
<p>CHIRS- Neurobehavioural Intervention Behaviour Program (NBIP)</p>	<p>New admissions are currently on hold until further notice.</p> <p>New referrals will continue to be accepted.</p> <p>Offering virtual intake screening.</p>	<p>Existing CHIRS clients are being supported virtually and face to face where appropriate by clinical and outreach staff with active screening of clients and staff for symptoms of COVID-19 and implementation of infection prevention protocols recommended by Toronto Public Health.</p>	<p>Essential community outreach services continue in person and virtually as needed.</p>	<p>6-9 months</p>
<p>CHIRS- Adult Day Service</p>	<p>CHIRS Clubhouse is closed and all day programs at CHIRS Head</p>	<p>Virtual Day Program</p>	<p>Virtual intake screening</p>	<p>1-3 weeks</p>

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	<p>Office and in the community have been cancelled until further notice.</p> <p>Groups are being run virtually through Zoom and are open to new clients pending review by the CHIRS Intake Committee and brief virtual intake screening.</p>	<p>Over 25 virtual groups offered through Zoom Monday to Saturday in the morning and afternoon and some evening programs</p> <p>Virtual case management through audio/video conferencing, phone</p>		
CHIRS- Clinical Groups	<p>Clinical groups being offered virtually.</p> <p>Groups are open to new clients pending review by the CHIRS Intake Committee and assessment by the clinical team.</p>	<p>Virtual Clinical Groups:</p> <ul style="list-style-type: none"> <li>- Positive Psychology</li> <li>- Skills for Emotional Well Being</li> <li>- Cognitive Rehabilitation Following ABI</li> <li>- 4 M's of Mental Health</li> <li>- Women's Group</li> <li>- Men's Group</li> <li>- Living Well with Brain Injury</li> <li>- SUBI group</li> </ul>	Virtual intake screening	3-6 months
CHIRS- Residential	<p>New admissions are currently on hold.</p>	<p>Existing residential clients continue to be supported in the various CHIRS residential programs with active daily</p>	Virtual intake screening	8-10 years

Organization/ Program	Any Operational Changes? (Yes/No)	What Services Are Being Offered?	In-person and/or Virtual?	Any Changes to Wait times?
	Referrals are still being accepted. Offering virtual intake screening.	screening of staff and monitoring and screening of clients for symptoms of COVID-19 and implementation of other safety measures recommended by Toronto Public Health and directives from the Ministry of Health.		
CHIRS- Neuropsychology Assessment Clinic	The Clinic is closed for in-person testing until further notice. New referrals continue to be accepted.		N/A	4-6 months
<b><i>PACE Independent Living</i></b>				
Adult Day Services	Yes – In Person programs suspended at this time (please see website). Virtual and over the phone programs continue.	Have an abbreviated program schedule – can be found on <a href="https://www.pace-il.ca/programsevents">https://www.pace-il.ca/programsevents</a>	Virtual & phone	No wait for Virtual or Phone
Supportive Housing	Yes – no escorted trips into community		In Person/Phone	No (Wait time dependent on vacancy)
ABI Community Program	Yes – Virtual or over the phone sessions only	Coaching sessions virtually or over phone	Virtual/phone	2-3 months (dependent on vacancy)

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<b>West Park Healthcare Centre</b>				
ABI Adult Day Program	Yes	Contacts through phone and email  Group on-line sessions  Respite Bed	Virtual check ins/sessions on a regular basis.  Monthly calendar of events.	Weeks to months (depends on space and availability)
Behavioural Outreach	Yes	Outreach sessions-blended model where service model is determined based on goal/issue/patient or mediator ability to participate in teleconference/virtual visits/essentialness of in- person supports.  Groups-virtual only	Note: Outreach clinicians providing inpatient supports are using PPE as if they or a patient may be an asymptomatic carrier of Covid-19 and so will provide any in person supports in full PPE gear including N-95 mask, shield, gown and gloves when in the person's environment.	14-28 days Can exceed this time depending on the caseload of each Behaviour Therapist
Inpatient Behavioural	No, accepting referrals for Inpatient Behavioural Program	Same as always	N/A	



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<b>March of Dimes Canada (MODC)</b>				
ABI Supportive Housing - Newmarket Site  - Toronto Cooperage Site (open since June 2016)	Yes - daily screeners completed, limiting Consumer community access where possible, social distancing in effect, virtual medical appointments	Full service, limiting where possible Consumer Community access, masking and social distancing in effect	In person and virtual	One vacancy - (based on shared living)
Case Management/ Outreach (York Region only)	Yes-daily screeners completed, social distancing in effect, direct support provided with masking, virtual and phone support provided	Operational, daily screeners completed, direct support with social distancing & masking, virtual and phone support	In person, virtual and phone connection	Vacancies available
Aphasia Day Program	Yes - In person groups to virtual  Fee: \$120/3 months Subsidy option available.	Virtual groups, wellness checks (phone calls), intake assessments virtually	In person or Virtual- Virtual - no in person programming at this time	Increased wait times for applicants who have no access to technology
Aphasia Peer Connect Program	Yes - In person groups to virtual	Volunteer-led group that is held virtually once a week for people with aphasia (or another communication disability)	Virtual	Vacancies available
MODC Peer Group (York Region only)	Yes- in person groups to virtual	Virtual groups, home visits if required so that staff can support consumers to access groups online	In person or Virtual- Virtual and phone support is provided at this time	No current wait lists  For new referrals yes, proof of ABI is

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				required, staff currently working from home and don't have access to consumer information
<b>York Simcoe Brain Injury Services (YSBIS) (Mackenzie Health/MODC)</b>				
Behavioural Consultant	Yes- Behaviour Consultant are doing virtual and in person visits with clients	Behaviour Consultant are meeting clients regularly by videoconference, telephone call and in person. In person services are offered, screening staff and client prior to services and maintain physical distance with PPE for staff are in effect	Consultation are offered in-person, phone and videoconference	12 months
Case Manager	No - Case Manager; Case Managers are doing virtual and in person visits with clients	In person services being done, screening for staff and clients prior to service, staff are working on goal setting where possible and adjusting services accordingly following public health guidelines, physical distancing and PPE for staff are in effect	In person, phone and videoconference being offered	8 months
Rehab Worker	No- Rehab Worker; Rehab Workers are doing in person, phone or video depending on client preference	In person services being done, screening for staff and clients prior to service staff are working on goal setting where possible and adjusting services	In person or phone depending on client choice	8 months

Organization/ Program	Any Operational Changes? (Yes/No)	What Services Are Being Offered?	In-person and/or Virtual?	Any Changes to Wait times?
		accordingly following public health guidelines, physical distancing and PPE for staff are in effect		
Adult Day Program	Yes- Vaughan ADP site will be offering virtual and in person starting June 14, 21 Maple ADP site will be offering virtual and in-person starting Sept 21, 21 Newmarket ADP site will remain virtual programs.	All Adult Day Programs are offering socialization, stretch and tone and cognitive activities by videoconference/in person and providing support to clients by phone calls.	In person for Vaughan and Maple site and Virtual ADP meetings by phone and video conference	1-9 months
<b>c. Clinics</b>				
<b>Toronto Rehab – University Health Network</b>				
Physiatry Clinic	In-person clinic visits	New referrals may be seen for consultation via OTN OR in-person, at the physician’s discretion	In-person and Virtual	3-6 months
Neuropsychiatry Clinic	No	Initial assessments and follow up appointments	Currently phone appointments and virtual appts	Dr. Snaiderman – 4 months Dr. O’Brien – 5 months
<b>Sunnybrook Health Sciences Centre</b>				
Mild to Moderate TBI Clinic	Yes –services being offered virtually.	-Cognitive Neurologist -Youth/Young Adult Psychiatrist	Virtual communication by OTN, phone or email, as appropriate and with patient consent	6-8 weeks for Youth/Young Adult Clinic

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	Group Concussion Education Session has been temporarily suspended	-Physiatrist  -Clinic Coordinator/ Occupational Therapist  In response to the COVID-19 pandemic, our clinic has moved to a virtual care system for all patients, until further notice  For more information, visit our clinic website, <a href="https://sunnybrook.ca/content/?page=bsp-traumatic-brain-injury-clinic">https://sunnybrook.ca/content/?page=bsp-traumatic-brain-injury-clinic</a>		8-12 weeks for Adult Clinic  (Note: this is for community referrals / patients not seen at Sunnybrook)
<b>d. Brain Injury Associations</b>				
<b><i>Brain Injury Society of Toronto (BIST)</i></b>				
<b>Case Management Services</b>				
2 Community Coordinator  Violence Impact Program	Yes	Assist vulnerable at-risk ABI clients with services & support to help obtain financial, housing and community supports	Support mostly provided through: email, text message, phone call, virtual video appointments	Wait time: 1 week

Organization/ Program	Any Operational Changes? (Yes/No)	What Services Are Being Offered?	In-person and/or Virtual?	Any Changes to Wait times?
Homeless Prevention Program		Ensure clients are supported with accessing stable housing, landlord advocacy, completion of housing applications and support with landlord/ tenant issues		Wait time: 2 weeks
<b>Support Groups</b> For more information and to register for all support groups visit <a href="http://www.bist.ca/online-programs">www.bist.ca/online-programs</a>				
Facilitated by a Registered Social Worker, Social Work Student & BIST Staff	Yes	Women and Brain Injury Support Group	All in-person support groups and social drop-ins are held via virtual Zoom video call.	Open. No wait list.
Facilitated by a Registered Social Worker		Social Drop-In for Men With Brain Injury  Connect with other men living with ABI.	All in-person support groups and social drop-ins are held via virtual Zoom video call.	Open. No wait list.
Facilitated by a Registered Social Worker, Social Work Student & BIST Staff		ABI Support Group  Mixed Gendered - for women, men, people who identify as trans and/or non-binary		
Facilitated by a Peer Support Person (Caregiver with lived experience)		Peer-Led Caregiver Support Group  Caregiver(s) of persons with brain injury who are looking		

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		to connect with others in similar circumstances		
Programs & Peer Support Coordinator		Assists members to connect them to programming that best suits their needs. Collaborates with members to develop more personalized programs, plus connects members to resources.	Service via email, text, phone call and virtual video appointments	Wait time: 5-7 week days
<b>Events/Programs</b> For more information and to register visit: <a href="http://www.bist.ca/online-programs">www.bist.ca/online-programs</a>				
Online Gentle Hatha Yoga Series	Yes	<p>Information &amp; Registration: <a href="https://bist.ca/yoga/">https://bist.ca/yoga/</a></p> <p>8 week series that runs each Thursday from 5:00-5:45pm. Series will involve 30 mins of yoga and 15 mins of meditation.</p> <p>The last session of the series is February 17/22. *Waiver completion required before joining online program.</p>	In person programs/events are held via virtual Zoom	Open. No wait list

Organization/ Program	Any Operational Changes? (Yes/No)	What Services Are Being Offered?	In-person and/or Virtual?	Any Changes to Wait times?
<p>Not So Blue Mondays: Adventures In YouTube!</p>	<p>Yes</p>	<p>Information &amp; Registration: <a href="https://bist.ca/not-so-blue-mondays/">https://bist.ca/not-so-blue-mondays/</a> BIST &amp; CHIRS <a href="http://www.chirs.com">www.chirs.com</a> partner to bring you an engaging online program. Join the 2 brain injury organizations to have fun and play interactive games with the adventures of YouTube!</p> <p>Date: Every Monday @ 1-2:30pm</p>	<p>In person programs/events are held via virtual Zoom</p>	<p>Open</p>
<p>Community Meeting</p> <p>Facilitated by Peer Support/Programs Coordinator &amp; BIST Social Work Students</p> <p>January's Meeting: Love Your Brain Yoga</p> <p>Speaker: Shiloh Zeller</p>		<p>Monthly event featuring a guest speaker(s) on a topic related to ABI, with time to share stories, info and tips with other people living with ABI and their family members. Meetings are open to anyone and are held on a drop-in virtual basis.</p> <p>Information/Registration: <a href="https://bist.ca/event/january-22-community-meeting/">https://bist.ca/event/january-22-community-meeting/</a></p> <p>Date: Wednesday, Jan 26 @ 6:30-8pm</p>		

Organization/ Program	Any Operational Changes? (Yes/No)	What Services Are Being Offered?	In-person and/or Virtual?	Any Changes to Wait times?
<b>Brain Injury Association of Peel and Halton (BIAPH)</b>				
Support Groups	No	Weekly support groups for ABI survivors and caregivers  <a href="https://biaph.com/adult-support-groups/">https://biaph.com/adult-support-groups/</a>	Virtual	No
	No	Weekly Interactive social Youth/Young Adult Support Group  <a href="https://biaph.com/headspin-youth-young-adult-support-group/">https://biaph.com/headspin-youth-young-adult-support-group/</a>	Virtual	No
Support Program	No	The Caregiver Relief Program  <a href="https://biaph.com/caregiver-relief-program/">https://biaph.com/caregiver-relief-program/</a>	In house PSW service	No