



## Invitation to participate in a concussion research study

**Title of study:** Exploring treatment-seeking decisions after concussion

**Introduction:** A research team, led by principal investigator Dr. Noah Silverberg (Assistant Professor, Department of Psychology University of British Columbia), is interested about the type of care people receive for their ongoing concussion symptoms, what influences peoples' decisions to seek some kinds of services and not others, and whether they receive the care they think they need. You may be eligible to participate in this research study if you are experiencing, or have experienced, persistent symptoms following a concussion for at least 6 months in the last 2 years.

**Participation:** Participation in this study is completely voluntary and deciding to participate or not will have no impact on the clinical care you receive. The study includes:

- **An interview (~1 hour).** If you are determined to be eligible, the research team will send you a consent form for the study. Once you return the signed consent form, you will be scheduled for an interview. You will be interviewed on Videoconferencing platform Zoom. With your permission, we will record the interviews so that we can concentrate on what you have to say rather than on taking notes. These recordings will be transcribed. If you are more comfortable, you can keep your camera off, so the researcher does not see your face or surroundings.

**Confidentiality:** Your identity will be kept strictly confidential. Only the research team involved in the project will have access to the digital recordings, interview transcripts, and a database containing all demographic information, which will be kept on a secure, encrypted server, hosted by the University of British Columbia. You will be identified by a pseudonym (fake name) and all identifying information you provide during the interview will be removed from the transcripts.

**How to express interest:** If you are interested in participating, please email Thalia Otamendi (PhD student) at [thalia.otamendi@ubc.ca](mailto:thalia.otamendi@ubc.ca).



You may decline to participate in this study. You may also withdraw from the study at any time, without having to give any reason for doing so and without experiencing any negative consequences.

If you have any questions about this study, please email Thalia Otamendi at [thalia.otamendi@ubc.ca](mailto:thalia.otamendi@ubc.ca). To contact the Principal Investigator, please contact Noah Silverberg at 604-734-1313 or [noah.silverberg@ubc.ca](mailto:noah.silverberg@ubc.ca)

Sincerely,

**Thalia Otamendi, MA**  
PhD Graduate Student  
Rehabilitation Sciences | The University of British Columbia  
GF Strong Rehabilitation Centre & Vancouver Campus