



ONLINE SUPPORT GROUPS SCHEDULE (OPEN TO ALL MEMBERS)

Weekly Online Support Group Meetings for ABI Survivors & Caregivers:

Tuesdays 7:00pm to 8:30pm (end time may vary)

Meeting topics change from month to month please see schedule below

We host a Caregiver Get Together every second meeting of the month (open to caregivers and loved ones)

Members simply register following the RSVP link provided in your weekly BIAPH email. Once registered for the Zoom meeting you will receive the meeting link. If needed you can also be connected to the meeting through phone. If you are not yet a member, please contact us for information.

For Questions and/or Inquiries Please Contact us at 905-823-2221 / Toll free: 1-800-565-8594 or Email supportgroups@biaph.com if you need a hand.

Tuesday October 06, 2020

Jennifer Berg-Carnegie of Invisible Care – remote personal support worker services, a new way to access attendant care.

Tuesday October 13, 2020

Caregiver Virtual Get Together – This meeting is open for caregivers to connect with other caregivers. Please join to discuss issues and coping strategies.

Tuesday October 20, 2020

Dr. Matheson of The Headache Migraine & Concussion Centre - Nutrition and Brain Injury Reducing Pain and Restoring Function.

Tuesday October 27, 2020

Sue Brushey of BIAPH on the Peer Mentoring Program – What is the program and how it helps.